

## **CPD POINTS FOR PARTICIPATION IN WIDE RANGE OF CPD ACTIVITIES INCLUDING COVID-19 RELATED ACTIVITIES**

The COVID-19 pandemic has caused major distress and disruptions to our daily routine. A significant number of RMPs encountered difficulties in meeting the mandatory CPD requirement and appealed to the Council to have their APCs renewed. On examining the appeals, the MMC-CPD committee noticed that RMPs were unaware of the wide range of CPD activities from which they could secure their CPD points from the various sections of the current MMC-CPD Grading System. Many are under the perception that CPD points can only be obtained from traditional CPD activities such as lectures, seminars, conferences, and workshops that are geared towards updating doctors with recent developments in medicine.

Recognising that RMPs must be equipped with a wide range of competencies that extend beyond clinical updates, the Council agreed to revise the educational activities from which RMPs can acquire CPD points to include professionalism, interpersonal communication, leadership, scholarly activities, and managerial skills. Listed below are some of the activities RMPs can consider meeting the CPD requirements.

- a) **Community and voluntary service activities** –The activities include social work, voluntary services in communal work, Red Crescent, Mercy etc. During the COVID-19 pandemic, many RMPs have participated in various COVID-19-related activities such as participation in vaccination centers (PPV), COVID-19 Assessment Center (CAC), PKRC etc., but sadly fail to realize they may claim CPD points.
- b) **Scholarly activities** such as involvement in research activities, authorship of publication, presentations at scientific meetings, role as an examiner, supervisor of research, and contribution to consensus guidelines.
- c) **Self-directed learning** such as reading journal articles and books, upgrading knowledge through internet searches and the use of electronic information sources.
- d) **Professional activities** that aim to promote competency in administrative, managerial, leadership, interpersonal and communication skills. RMPs who are members of various professional, medical societies can claim CPD points. Many RMPs also do not realise that giving public talks etc can earn them CPD points.

When claiming CPD points for above activities, RMPs must show evidence of involvement in the activities.

CPD points for the activities are standardised, and all CPD administrators use the MMC-CPD Grading System to award the CPD points.

RMPs are encouraged to contact the CPD Administrators (MMA, AMM or myCPD) or the MMC secretariat if they need assistance.

**MMC-CPD Committee**  
**Malaysian Medical Council**  
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