

## *The MMC-CPD Grading System (effective 1<sup>st</sup> July 2023)*

Continuing professional development (CPD) involves not only educational activities to enhance medical competence in medical knowledge and skills, but also in administrative and managerial skills, team building abilities, leadership qualities, and communication and interpersonal skills, which are essential for evolving changes in the delivery of medical services.

CPD includes all activities that doctors undertake, formally and informally, in order to maintain, update, develop and enhance their knowledge, skills, and attitudes in response to the needs of their patients. CPD is inclusive of formal learning activities (e.g, attending seminars, lectures, courses, conferences, workshops) and informal learning relevant to the role and scope of practice (e.g, reflection on practice, reading journals, work-based learning, scholarly activities, journal clubs, self-directed learning).

The revised 2023 MMC-CPD Grading System aims to categorise CPD activities into 5 main domains. Doctors are encouraged to demonstrate a mixture of learning activities relevant to current or future practice.

### **A. Formal educational activities**

Formal educational activities include participation in activities to update knowledge and skills, such as attending lectures, seminars, scientific meetings, conferences and skills training.

### **B. Work-based learning**

Work-based learning is professional development that takes place within the work environment in the medical practitioner's current role. Work-based learning includes learning activities and development opportunities including such as journal club meetings, audit/morbidity/mortality meetings, interdepartmental meetings, grand ward rounds.

### **C. Scholarly activities**

Scholarly activity is work that enhances educational development and includes, discovery of new knowledge and technology, dissemination of knowledge, supervision of training and participation in assessments.

### **D. Self-directed learning**

Self-directed learning takes place when the individual takes the initiative in diagnosing learning needs, formulating learning goals, designing learning experiences, identifying and using available resources, and evaluating learning outcomes. Self-directed learning includes, reading books, journals, and articles of a general nature, listening to podcasts and completing online learning modules.

### **E. Professional activities**

Professional activities involve participation in activities that apply scientific expertise for the benefit of the wider community and activities that support professional development such as participating in the activities of a professional bodies, and learned societies, leadership role in medical societies/NGOs, serving in national, state and institutional level committees (Institutional level committees are committees that represent the institution at the hospital/university or faculty level). and participation in self-development programmes such as leadership, management, communication skills training programmes.

Category	CPD Activity		CPD Points allocated	Evidence
<b>A</b>	<b>FORMAL EDUCATIONAL ACTIVITIES</b>			
<b>A1</b>	<b>Scientific meetings/seminars /conferences</b>			
	a.	Half day (2-4 hours)	4 points	Certificate of attendance to be issued by CPD Provider
	b.	Full day (5-8 hours)	8 points	
	c.	2 full days	16 points	
	d.	2 and ½ day or more	20 points (max)	
<b>A2</b>	<b>Workshops/Courses/Skill Courses including ATLS/CCrISP/CPR/ACLS/ALS/PALS/NRP/MTLS</b>			
	a.	Half day (2-4 hours)	4 points	Certificate of participation/ documentation from activity supervisor/ provider
	b.	Full day (5-8 hours)	8 points	
	c.	2 full days	16 points	
	d.	2 and ½ day or more	20 points (max)	
<b>B</b>	<b>WORK BASED LEARNING</b>			
<b>B1</b>	<b>Work related activities</b>			
	a.	Hospital/department CME	1 point /session	Certificate of participation/ documentation from activity supervisor/ provider
	b.	Small group discussion/case conference	1 point /session	
	c.	Participation in inter-department clinical meeting / epidemiological review	1 point /session	
	d.	Journal club meeting	1 point /session	
	e.	Formal grand ward round	1 point /session	
	f.	External CME lecture/ topic seminar	1 point /session	
<b>B2</b>	<b>Quality Improvement Activities</b>			
	a.	Morbidity and mortality reviews	1 point /session	Certificate of participation from activity supervisor /provider
	b.	Audit meetings	1 point /session	
	c.	Participation in accreditation exercise	1 point /session	
	d.	Participation in quality assurance (QA) activities	1 point /session	
<b>C</b>	<b>SCHOLARLY ACTIVITIES</b>			
<b>C1</b>	<b>Training/Presentation</b>			
	a.	Organizing chairperson for a scientific meeting or workshop	5 points/activity	Certificate of appreciation, letter of participation from event organiser
	b.	Examiner at professional undergraduate/ postgraduate examination	5 points/activity	
	c.	Trainer/facilitator at a workshop	5 points/activity	
	d.	Plenary /keynote lecture	5 points/activity	
	e.	Presentation of lectures/oral/papers/posters at scientific meetings	5 points/activity	
	f.	Presentation at hospital/departmental meetings and external lecture/topic seminar	5 points/activity	

C2	Research/Publication			
	a.	Principal/Co-Investigator in a clinical trial/research	5 points/activity	Citation for publication(s) certificate of appreciation or letter of participation
	b.	Obtained a research grant	5 points/activity	
	c.	Author of an indexed/peer reviewed journal article	5 points/activity	
	d.	Author of a non-indexed/non-peer reviewed journal article	5 points/activity	
	e.	Author of a textbook/book chapter	5 points/activity	
	f.	Chief Editor of a Journal Editorial Board	5 points/activity	
	g.	Member of a Journal Editorial Board	5 points/activity	
	h.	Reviewer of a peer reviewed journal article	5 points/activity	
	i.	Reviewer of a textbook	5 points/activity	
	j.	Supervisor for postgraduate research project	5 points/activity	
	k.	Reviewer/examiner of research thesis	5 points/activity	
	l.	Preparation of reports, member of reports committee e.g., technical reports, working papers, guidelines	5 points/ activity	
	m.	Member of clinical guidelines/consensus guidelines (national/international)	5 points/activity	
D	SELF DIRECTED LEARNING			
	a.	Online CME modules	1 point/session	Certificate of completion
	b.	Self-study (Relevant books, publications, Journal articles, podcasts etc.)	1 point/session	Short synopsis
E	PROFESSIONAL ACTIVITIES			
	a.	Leadership role in medical societies/NGOs/Committee member at national, state or institutional level	5 points/ appointment	Letter/ documentation of appointment
	b.	Self-development courses e.g., IT courses, business management, administrative skills, leadership skills	5 points/activity	Certificate of attendance/ documentation from provider
	c.	Risk management courses e.g., ethics, communications, medico-legal, patient safety	5 points/activity	
	d.	Participation in community activities	5 points/activity	Letter from organiser
	e.	Participation in innovation projects	5 points/activity	

Approved by Malaysian Medical Council (MMC) No. 431 dated 20<sup>th</sup> June 2023

Secretariat MMC  
21<sup>st</sup> June 2023