

BRIEF CV DR UNGKU MOHD SHAHRIN B UNGKU MOHD ZAMAN

Associate Professor Dr. Ungku Mohd Shahrin has been a registered medical doctor for the past 26 years, a strong advocator of evidence-based medicine, and has performed most of the available aesthetic procedures. He pursued his aesthetic training and obtained many certifications and fellowships from reputable institutions locally and internationally. He was the first doctor who received Letter of Credentialing and Privileging (LCP) in Aesthetic Medical Practice from the Ministry of Health Malaysia in 2013. Following his passion for teaching, in early 2014, he pursued his academic journey and obtained his master's degree in education. In 2018, he joined MAHSA university as an Associate Professor in the faculty of Medicine, Nursing, and Pharmacy and became the Head of the Department for Aesthetic Medicine. At the Ministry of Health level, he is one of the committee members involved in developing the guidelines for aesthetic medical practitioners in Malaysia. He has been with the Aesthetic Medical Practice division MOH, Malaysia, since 2008.

He is the founder of the Medical Aesthetic Certification (MAC) program, Medical Aesthetic International Certification (MAIC) program, and International Academy of Advanced Aesthetic (IAAA) program.

In 2018, he initiated the first International Medical Aesthetic Conference and Exhibition (IMACE) held in Kuala Lumpur Convention Centre, which runs biennially. In January 2020, he set up the first research center in aesthetic, pharmaceutical, and regenerative medicine in South East Asia called "USMARI Research & Innovation centre" to promote clinical research and the advancement of aesthetic medicine in the region.

With his vast experience and knowledge, he was often invited as a speaker for major international aesthetic conferences such as IMCAS (Paris), AMWC (Monaco), ITCAM (Bangkok), and Dubai Derma (Dubai), EADV (Geneva), IMACE, etc. Several local and international companies also appoint him to become their Key Opinion Leader (KOL) regarding the clinical usage of their aesthetic devices or products.

He published medical aesthetic books called "Laser & Light in Aesthetic Practice: Unlocking the Secret Codes" and "Sound in Aesthetic: Unlocking the Secrets Codes," "The Naked Truth about Aesthetic Treatment" and *Guidebook on "SAF Technique" (Shahrin Advance Filler Technique)*.

His contribution to medical aesthetic research clinical papers including "*Face Lifting And Skin Tightening With Combination Technology Of High-Intensity Focus Ultrasound and Monopolar Grid Radiofrequency*," "*Facial Aesthetic Preferences among three major ethnic groups in Malaysia*," "*Efficacy and Adverse Events of High-Intensity Focus Ultrasound for Abdominal Fat Reduction*," "*Study of safety and efficacy of mesenchymal stem cell-derived exosome for aesthetic medicine applications*," "*The impact of the covid-19 pandemic on the medical aesthetics services in Malaysia*" and "*The efficacy of Intense Pulse Light among patients with skin type III-IV in acute facial acne: The Malaysian experience*."

Currently, he is involved in several ongoing research projects, namely, "*Case series study: Safety and efficacy of topical agents, oral antioxidant, laser therapy and the combination of such for melasma*," "*Woman Facial Aesthetic Preferences Among Malaysia's Major Ethnicity*" and "*Medical aesthetic awareness among public in Malaysia: A cross-sectional survey*."

He is the President of Malaysia Registered Aesthetic Medical Practitioners Organization (Pertubuhan Doktor Estetik Berdaftar Malaysia -PDEBM), a member of Malaysia Medical Association (MMA), Malaysia Society of Aesthetic Medicine (MSAM), and the Society of Anti-Aging, Aesthetic and Regenerative Medicine Malaysia (SAAARMM).