

**Curriculum Vitae: DR ZANARIAH HUSSEIN**

Full Registration Certificate No. 29475 – 1 August 1992

National Specialist Register No. 127310

**Office Address** : Medical Department, Hospital Putrajaya, Presint 7, 62250 Putrajaya,

**Home Address** : No 54 Jalan Kunyit Emas P16/2, Presint 16, 62150 Putrajaya

**Email Address** : [zanariah@hotmial.com](mailto:zanariah@hotmial.com) , [zanahus67@gmail.com](mailto:zanahus67@gmail.com), [ppzana@hpj.gov.my](mailto:ppzana@hpj.gov.my)

**Place of Birth** : Johor Bahru, JOHOR **Date of Birth** : 7 JULY 1967

**Nationality** : Malaysian **IC No** : 670707-01-5824

**Education and Qualifications** :

July 1986 - June 1991 Undergraduate Medical Degree Course, University Malaya  
27 July 1991 M.B.B.S (Mal) University of Malaya, Kuala Lumpur  
23 March 1998 M.R.C.P (UK) Edinburgh, Scotland, UK

**Work Experience** :

**House Officer** Aug 1991 – July 1992 Hospital Sultanah Aminah, Johor Baru, Malaysia  
**Medical Officer** Aug 1992 – March 1998 Hospital Kuala Lumpur  
**Clinical Specialist** March 1998 – August 1999 General Medicine, Hospital Kuala Lumpur  
**Specialist Physician** Gazetted on 25 August 1999 General Medicine, Hospital Kuala Lumpur  
**Consultant** Gazetted on 2002  
**Endocrinologist** Since January 2003 – Endocrine Unit, Medical Dept, Hospital Putrajaya  
**Senior Consultant** Medical Department Hospital Putrajaya  
**Physician** Special Grade C - 2010  
Special Grade B – May 2016  
Special Grade A – March 2023

**Postgraduate Training and Fellowship Appointments:**

**Internal Medicine** May 1993 – February 1998, Hospital Kuala Lumpur  
**Endocrinology** Jan 1999 – Dec 2002  
Jan 1999 – Dec 2000 Endocrine Unit, Medical Department, Hospital Kuala Lumpur  
Jan 2001 – Dec 2001 Endocrine Unit, Department of Medicine  
Hospital UKM (National University Hospital), Kuala Lumpur  
Jan 2002 – Dec 2002 Honorary Endocrine Fellow  
Department of Diabetes and Endocrinology  
The Royal Melbourne Hospital, Victoria, Australia

**Hospital and Clinic Administrative Appointments:**

Jan 2003 – present Consultant Endocrinologist  
Head, Endocrine Unit, Medical Department, Hospital Putrajaya  
Jan 2003 – present Consultant Physician , Medical Department, Hospital Putrajaya  
Jan 2017 – Dec 2018 Head , Medical Department, Hospital Putrajaya  
2007 – August 2023 Head and National Advisor, Endocrinology Subspecialty Service, MOH

**Awards and Honors:**

1998 Excellent Service Award, Hospital Kuala Lumpur  
2005, 2012, 2018 Excellent Service Award, Hospital Putrajaya  
2020 Panglima Setia Di Raja (P.S.D) Federal Award conferred by His Majesty YDP Agung  
2022 Tokoh Maal Hijrah 1444 AH, Peringkat Hospital Putrajaya

### **Memberships in Professional and Honorary Societies:**

<b>Malaysian Endocrine and Metabolic Society (MEMS)</b>	Treasurer, Year 2000 Council Member, Year 2001 - 2003 Treasurer, Year 2004/ 2005 Council Member 2006/2007 Honorary Secretary 2008-2010 Treasurer. Year 2010/2012 Honorary Secretary 2012/2014 Treasurer 2014/2016 President 2016-2020
<b>Asia Pacific Neuroendocrine Tumour Society (APNETS)</b>	Honorary Secretary 2013/2015
<b>Persatuan Diabetes Malaysia (PDM)</b>	Council member Yr 2003 – 2005 Life member
<b>National Diabetes Institute (NADI)</b>	Consultative Committee member 2006 Board of Trustees member since 2013
<b>Malaysian Medical Association (MMA)</b>	Ordinary Member
<b>College of Physicians Malaysia</b>	Member

### **National Elected/Appointed Leadership and Committee Positions in Ministry of Health (MOH / KKM)**

- i. National Advisor Endocrinology Subspecialty Service –2007 – August 2023 (16 years)
- ii. Endocrinology Fellowship Training Committee – Chairperson, since 2006
- iii. Endocrine Drug Review Subcommittee (JKK Kajisemula Ubat Endokrin)  
- Chairperson since April 2006
- iv. Technical Drug Evaluation Committee – Member since 2006
- v. Endocrine Subspecialty Subcommittee (SSC) of National Specialist Register (NSR)  
Member since 2007, Chairperson since 2016
- vi. Advisory Panel Drug Control Authority (DCA / PBKD) - Member since 2007
- vii. Editor (Diabetes Section), Committee Member, MyHEALTH Portal MOH
- viii. Technical Working Group, Diabetic Retinopathy Screening, Member since 2016
- ix. MOH Medical Specialist Committee Panel - Member since 20 Jan 2020
- x. Evaluation Committee for Specialist Medical Qualification (ECSMQ), Malaysian Medical Council (MMC) – from 21 Jan 2020 – January 2023
- xi. Technical Committee on Nutrition Research Priorities in Malaysia for 12<sup>th</sup> Malaysia Plan (2021-2025). Member since January 2020

### **Clinical Research**

Principal Investigator and co-investigator in 70 clinical trials in diabetes and endocrinology from 1999 – 2003, local, regional and internationally, both investigator initiated and industry sponsored clinical research

### **Area of Clinical Interest:**

Adrenal and Pituitary Disease, Neuroendocrine Tumours, Diabetes and Ramadan

### **Publications**

Authored and co-authored in 70 publications in area of diabetes and endocrinology in local, regional and international scientific journals from Year 2000 - 2023