

# MALAYSIAN MEDICAL COUNCIL SPECIALTY-SPECIFIC REQUIREMENTS (SSR) [OTORHINOLARYNGOLOGY (ORL)]

## Prepared By:

Specialty Education Subcommittee (SEC) of the Medical Education Committee (MEC),

Malaysian Medical Council

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### **Preface**

- 1. The Specialty-Specific Requirements (SSR) pertain to requirements within each specialty and specify the minimum requirements pertaining to the training curriculum, trainers, educational resources and head of programme.
- 2. The Specialty-Specific Requirements (SSR) are intricately linked to the MMC Malaysian Standards for Medical Specialist Training 2019, and the Standards and SSR must be read and applied together.

# Specialty-Specific Minimum Requirements for Training Curriculum (Based on Area 1.2.4 of Malaysian Standards for Medical Specialist Training) -

## Otorhinolaryngology (ORL)

Specialty-Specific Requirements	Criteria
(Reference Standard)	
Minimum entry     requirements for     postgraduate     training	<ul> <li>i. Fully registered with the Malaysian Medical Council with a current annual practising certificate</li> <li>ii. 2 years clinical experience post housemanship</li> <li>iii. Successful entry evaluation into the programme</li> </ul>
(Standard 3.1.)	
2) Minimum duration of training programme	Completion of a minimum of 48 months of specialised training in the specialty programme
(Standard 1.2.4 - Table 2)	
3) Structure of training (rotation/modules)	
(Standard 1.2.4 - Table 3 & Table 4)	The program should have a clear pathway encompassing phases of training which shall include the basic and advanced components in otorhinolaryngology.
Training overview	A minimum of 144 weeks training in otorhinolaryngology including subspecialties of
	i. Otology
	ii. Rhinology
	iii. Head and neck surgery/laryngology
Training retation/	iv. Paediatric otorhinolaryngology
Training rotation/ modules and case mix	Training should also include non-otorhinolaryngology elective

rotations in surgical-related disciplines:

- i. Oral maxillofacial surgery
- ii. Plastic surgery
- iii. Neurosurgery

Areas	Details	Minimum Duration - (Weeks)		
Applied medical	a. Applied Anatomy	48		
sciences in otorhinolaryngol	Surgical anatomy with			
ogy	emphasis on head and neck anatomy			
	b. Applied Physiology			
	General physiology and specific physiology related to otorhinolaryngology			
	c. Pathology			
	General pathology and specific pathology related to otorhinolaryngology			
	d. Medical Microbiology			
	e. Principles of Surgery			
General otorhinolaryngol	Surgical techniques.  Operation theatre.			
ogy	Wound care.			
	Perioperative management.			
	Critical care.			
	Trauma.			
	Endoscopies – flexible and rigid			
	<ul> <li>Adenotonsillectomy</li> <li>Tracheostomy</li> <li>Foreign body of ear, nose and throat Epistaxis management</li> </ul>			

	Otorhinolaryngol ogy fields of practice	i. Otology ii. Rhinology iii. Head and neck surgery/laryngology iv. Paediatric otorhinolaryngology  Related specialties	144	
		i. Oral maxillofacial surgery		
		ii. Plastic surgery		
		iii. Neurosurgery		
	*Duration of trainin	g per year is 48 weeks		
4) Assessments	Assessments should	Assessments should		
(Standard 2.2.1)	i. Employ appropriate methods and levels that are well- aligned with learning outcomes. These include a variety of methods and tools such as written assessments, clinical assessments, supervisor's report, logbook, attendance, training attended, practice diary, research report, formative assessment, communication skills including methods appropriate to assess ethics and professionalism.			
	<ul><li>ii. Include formative and summative assessments throughout each rotation, semester, or year of study.</li><li>iii. Include clear criteria for progression to next year of study.</li></ul>			
	it evaluation/assessment.			
5) Additional	i. Completion of graduate-level research or clinical audit project.			
requirements for completion	ii. Temporal bone dissection course			
of training	iii. Endoscopic sinus surgery dissection course			
(Standard	iv. Head & neck/laryngology dissection course			
1.2.4)	v. Good clinical practice course			
6) List of Generic competencies				
competencies to be acquired upon completion of training	<ul> <li>i. Independently manage common ORL cases holistically, including complications, whilst considering social, health economics and preventive aspects.</li> <li>ii. Function competently and professionally in a team-based environment</li> </ul>			

## (Standard 1.1.4)

- iii. Maintain a high level of integrity and ethical conduct in practice.
- iv. Ensure effective communication with patients, colleagues and other healthcare-adjacent providers.
- v. Advance the evidence-based practice of surgery through research, audit and scientific writing.
- vi. Exemplify life-long learning through continual professional development, including acquisition of new skills and competencies.
- vii. Demonstrate exemplary leadership qualities, including setting and maintaining standards, supporting others and having the resilience to cope with pressure.
- viii. Cultivate an entrepreneurial mindset, balancing risks and benefits, for creative problem-solving.

#### **Specific specialty competencies**

Able to perform the following procedures competently. This includes pre-operative and post-operative care

Type of surgery/procedure	Number of Cases Performed Independently	
Adenotonsillectomy	20	
Cortical mastoidectomy	5	
Endoscopic sinus surgery	5	
Septoplasty	10	
Tympanoplasty	10	
Adult and paediatric tracheostomy	20	
Cervical lymph node biopsy	10	
Grommet insertion	10	
Oesophagoscopy	10	
Rigid laryngoscopy	10	

<sup>\*</sup>Note: These criteria represent the minimum standards. Each educational programme provider may exercise their autonomy to state criteria above and beyond these minimum standards.

# Specialty-Specific Minimum Requirements (Items 4-7) for Training Centres (Based on Areas 3-6 of Malaysian Standards for Medical Specialist Training) -

## Otorhinolaryngology

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Item	Specialty-Specific Requirements	Criteria		
No	(Reference standard)			
4	Trainer-to-trainee ratio.	1:4		
	(Standard 3.1.3)			
5	Minimum qualifications and experience of trainers (Standard 4.1.2)	<ul> <li>i. Registered with National Specialist Register</li> <li>ii. Completed training-of-trainer course/equivalent</li> </ul>		
6	Minimum requirements for educational resource  (Standard 5.1.1)	The diagnostic facilities and equipment requirement of the programme training centres must <b>collectively</b> be able to accommodate the following minimum requirement:  i. Physical facilities		
		Facilities		
		Access to library/journal/text books		
		(physical/online)		
		Otorhinolaryngology Clinic		
		Inpatient Otorhinolaryngology facilities		
		Intensive care unit		
		Operating room		
		Seminar room		
		Tutorial room		
		ii. Service		
		Services		

	Inpatient services		
	Otorhinolaryngology operating services		
	Otorhinolaryngology clinic services		
Radiology and imaging services  Pathology services (biochemistry, histology and microbiology)  Blood bank services			
			Audiology and speech therapy services

## iii. Equipment

Equipment	Quantity
Endoscopic camera system	1
Surgical operating microscope	1

iv. The case mix and case load of the programme training centres must **collectively** be able to accommodate the following minimum requirements:

Areas	Quantity (trainee/year)	
Surgical Procedures	200	
Inpatient Cases	500	
Outpatient cases	1500	

7	Minimum qualifications and	i.	5 years of working experience
	experience of Head of Programme		after national specialist
			registration
		ii.	Experience in administration
	(Standard 6.2.2)		and/or academic management

<sup>\*</sup>Note: These criteria represent the minimum standards. Each educational programme provider may exercise their autonomy to state criteria above and beyond these minimum standards.